



THE DOGHOUSE

Spring 2005 Edition

Major Sponsor



For those that came in late

The Pounders stormed onto the west coast back in November 2002 with far reaching effects across the world of paddling. Some say they came on an enchanted wind, others say that they blew in from Africa on a strong westerly (we've certainly got enough South Africans to make that easy to believe), while others say they were always here - they just became more visible. Whatever you want to believe the facts are simple, we are here to stay.

This is the Pounder's 4th Season and over the years I've made up some pretty big numbers to show how strong we are and how quickly we are growing. So why should this year be any different so here we go.

Some time in the next year (or two or three.....) our 500th paddler will paddle with the Pounders. The challenge is to make that sooner rather than later! And that's where you come in. **Bring down your mates!** We are soon to start our river sessions for beginners so don't keep all the fun to yourself bring a friend down (you do have a friend don't you) and introduce them to the wonderful world of pounding. Help the Pounders reach their 500th paddler sooner.

Beginner paddling at the river starts on the 2nd of October 2005 and our first official ocean session is Tuesday 1st November 2005, although some Pounders are already paddling on Tuesdays and Thursdays. If it's too foul they just go to the gym.

New blood is fantastic and essential but we should also recognize those that have been here since the beginning. Looking back on old newsletter (The complete works of the Doghouse – soon to be a major movie release starring Brad Pitt as Kevin Cropper, Matt Damon as Mike Langdale, Orlando Broom as a slightly taller version of Guy Olver and Jennifer Anniston as Jane Scott) the teams for the first ever Mens Health Challenge on Sunday the 1st February 2003 included the following Pounders that have consistently paddled over the 3 year history of the Pounders:

Mike "all the way" Langdale (now renamed TB a close relation of FB)

Kevin "Con Crapper" Cropper (ask him the story)

"Saint John" Sydenham (it will be disappointing when the eagles beat you ps we didn't get the chance!)

Guy "Orlando" Olver (I just made up the Orlando bit but it seems to fit)

Trev "D2" Tilley (half of the Dynamic Duo)

Paul “D1” Dwyer (the other half)
Rosie “Super Star” Langdale (well she has moved on a bit now)
Rod “Rocket” King (our resident proficiency expert)
Brian “Harvey” Smith (you had to be in engineering faculty in 1973 to understand “Harvey” something his wife probably agrees with)
Geoff “ Heart-throb” Mullins (just ask the nurses)
Ken “Kanga” Richards (something to do with spending a lot of time in the bush at golf)
Anthony “LGN” Langdon (missed you at Wundowie this year)

List like this are dangerous so I apologise to any one I accidentally missed

Avon Descent by Jeff Scott [Note from Jeff: actually Mike Langdale wrote it and I added a few bits]

A large contingent of City members have again taken on the might of the Avon River, with some outstanding results.

The winners included Ash Nesbit winning the double ski (with Brodie Baker from Trigg), and Lisa Oldenhof and Jacinta Marriot winning line honours in the women's (all craft). Trish Gilbert and Rosie Langdale finished a highly credible 2nd and 3rd respectively in the women's racing plastics and Rosie was also the youngest solo paddler to complete the event. Robbie Jenkinson was second in the double kayaks.

Other competitors from City included Richard Eadie who came to grief in the valley and holed his craft but courageously battled on to finish, and John Orr and Steve Lamond who finished a determined fifth in the pairs competition after snapping a rudder at Bells. Some of our race veterans opted for the slightly less gruelling four man team, with the Mickle / O'Toole / Hughes / Bennett combination coming in fifth in that division.

Rumours are also coming in of one club member who withdrew just a few kilometres from the finish line after breaking the rudder on his double ski. (*Wouldn't have happened back in my day. I once paddled the entire Avon Valley with the rudder cable tied around my big toe.*)



This win adds to Ash Nesbit's outstanding record in this gruelling race. Ash has now won seven Avon descent races (six double and one single) as well as being an elite competitor in the surf for many years. However, Rieki is a little concerned that extensions will soon be on the table to facilitate their baby Mia as well as the trophy room. Ash demonstrated his strength in winning this event after taking on Brodie at the 11th hour because his original partner Reece Baker had to retire due to injury.

Greg Mickle was considered to be courageous in lending his double ski to Lisa Oldenhof and Jacinta Marriot. But Greg knew that these women had what it takes - guts, determination, talent and the will to carry "the beast" around Emus if necessary. These women showed they enjoyed "mixing it" with the best of the boys and with line honours for the women in their pocket also finished fifth overall in the double ski class. Jacinta, a first time descender, commented after the race "We came off in the ti-trees once, the valley a couple of times, and we carried the ski around Emus - which was the hardest part of the race!!"

Trish Gilbert finished a close second in the long plastics which is an incredible achievement for someone who has only taken up the sport (through Pounders) in the last year. Trish brought all her drafting experience in her previous triathlon life to wash ride through the field and finish strong. Rosie Langdale was not too far behind in third place with the honour of being the youngest solo competitor (most other 17 year olds are putting in the hard yards for the TEE). Rosie enjoyed the atmosphere of the race. The comment etched in her memory was "Does you Mum know you're out here? You cant even have a beer when you finish!" Both women beat 75% of the plastic field (men and women) home.



Rosie is congratulated by a Bono impersonator at the finish line

Well done to all competitors, and apologies to any other City members in the race that I'm not aware of.

This article was originally published on the City of Perth Website by Jeff Scott – look under the News heading for other great stories published on a regular basis

The Forgotten Man

As always happen there is one forgotten man overlooked by the press because (readers choice)

- ❑ No one knows who he is
- ❑ He doesn't know who he is
- ❑ He didn't actually enter
- ❑ His story is so remarkable the truth can't be told
- ❑ There is no story

So who is this man with a story that can't be told. It is of course our very own Bruce Muir who with three other expatriate South Africans paddled the mighty Avon in a team of 4. For those of you that had a guess as to the reason his story couldn't be told there are of course multiple answers. Firstly Jeff didn't know who Bruce was, secondly Bruce didn't know who Jeff was (hard to believe eh Jeff) and finally I don't know the story. Bruce, Its up to you to write your own story for the next edition and that goes for the other Avon paddlers. Please share your experience with the other Pounders.



As Norman Gunston once said to Elliot Gould “ I don't know why you get upset when people call you Mr Barbera Streisland they should remember you for who you really are – the fourth from the left in the Bridge over the River Kwai.

Bruce Muir the fourth from the left in the dream team

Jayme Wellington – Elite runner

I wandered up to the traffic lights at Oceanic and West Coast to watch Ellie and the girls complete the City to Surf. Just after Monaghetti and the Kenyan had run passed and shortly after her training partner from Esperance, Jayme Wellington of Pounders fame came tearing past.

We all remember Jayme's outstanding performance in the XXXX a couple of years ago in the run and her never say die attitude when paddling, but I never realized that her running was at this level. Second female in the City to Surf, just behind her Esperance training partner.

I get regular reports from my secret spy in Esperance so I can confidently inform readers that country life is treating Jayme extremely well.

David Watt – Elite Swimmer

David, son of last year's Pounder revelation and soon to be legend Derek recently swam the 32 km English Channel with his swimming club, the Barracuda's. Called in at the start of the year to replace an injured swimmer David only had his first open water swim this year. The team, consisting of 3 -13 year olds and 3 - 15 year olds (4 boys and 2 girls), swam the channel in just under 8 hours 45 minutes in a water temperature of 15 c.

The team now holds the **AUSTRALIAN RECORD** for the fastest team to swim the English Channel. No I didn't miss out Junior, although they hold that as well, they are the holders of the senior record. They are also the youngest team ever to swim the Channel and on an international level they are the second fastest mixed junior team ever.

David, who is still only 13, is now over 6 foot tall and trying out for WAIS in Rowing. Sounds like a ready made Boatie in a couple of years. We now know where Derek gets his tenacity from, obviously he's inherited it from his son. Well done David, a sensational effort.



Barracuda's Channel team – David is on the left



Whats a large group of Pounders called?

The best answer to this question could (really very unlikely) win a prize.

You may recall this huge competition in the last edition of the Doghouse, well after sorting through the enormous numbers of entry, 6 from Ellie (none of which are printable) and one from John Davies I can now announce the winner. So I am not open to claims of nepotism I have awarded the prize to John. (p.s. there is no prize. Now you really understand why John has won because if Ellie had won I really would have had to buy a prize – guys will understand, actually so will the female guys).

Ken

In line with your request about what to call a large number of pounders I have undertaken much research to calculate the following:

**Mathematical Hypotheses to determine "Pounder Mass"
or a "Mass of Pounders".**

Legend states (confirmed by sound effects most mornings) that there are sixteen *ouches* (accompanied by "%@*#*") to a pounder.

Therefore following on from that, there are fourteen pounders to a stone, (Yeah I'd like to see that - not since we were all in very short pants by my reckoning) as we are now "big in numbers - i.e. 20 starters each day which takes us over one stone - we must simply the invert the calculation to stones - logically being the Rolling Stones - **the band** (based on similar age demographic and haggard look in the morning)

Therefore the conclusive answer is: the collective noun you seek is a "**A BAND of Pounders**".

Editors Note – Its nice to see our customs office bureaucrats showing such lateral thinking. Maybe its all those excuses from people bring in illegal contraband i.e. its not mine I didn't put it in the Boogie Board cover.

New Coaches

Congratulations to John Davies and Paul Banks who recently signed up for their level 1 coaching course.

Beginners session/Start of the Season

Sunday 2nd October 2005 is the start of our Pounder's beginners session, 8.15 at the club to help load the trailer. Hopefully we will start about 9.00 at Johnston St Boat ramp Peppermint Grove. Bring your friends - spread the word.

The first Official pound at the beach will be on Tuesday 1st November 2005 at 6.00 am and thereafter at 6.00am Thursday and 7.00 am Saturday.

Serious Training

For anyone that wants some really serious training Donkey is running the City Paddlers. Training will be hard. Pounders keen for a serious hit-out are welcome. See the flyer next page

Coming events

2005 Ocean Endurance Championship

A variety of events including 16 km (30 – 39 years old) and 8 km (older) ski races at Cottesloe Beach on Saturday 8th October 2005. Entries close 30th September 2005 although late entries will be taken on the day. More Information at www.mybeach.com.au.

Bridge To Bridge **12.5 km** **23rd October 2005** **www.lifesavingwa.com.au**
Swan River classic from Perth to Fremantle. Entries close 17th October 2005

Bay to Beach **17km** **6th November 2005**
Great course from Johnston St, out through Fremantle Harbour to Cottesloe and back to Fremantle Surf Lifesaving Club



City Paddlers

City Paddlers is a serious paddling squad for anyone that wants to paddle competitively at surf carnivals this summer. It caters for all levels including those that may not be ready for competition but are keen to improve their paddling to that level.

Coach: Kristian "Donkey" Hawkless
Assistant Coach Ken Tomczak
Manager: Ken Richards

Training Times

- | | | | |
|-------------|--------|---------|------|
| ○ Monday | paddle | 5.00pm | City |
| ○ Tuesday | run | 5.00 pm | City |
| ○ Wednesday | paddle | 5.00 pm | City |
| ○ Thursday | run | 5.00pm | City |
| ○ Friday | paddle | 5.00 pm | City |
| ○ Saturday | paddle | 7.30 am | City |

Further details ring Donkey 0413943583, Ken Tomczak 0417130574 or Ken Richards 0403 385 051

Tip for the season

If you want to wear sunglasses to protect your eyes paddling:

1. Wear a strap if you don't want to lose them
2. Don't get smashed in the waves as that could wreck them
3. Use a wax based polish (ie furniture or even a fine car polish) on the lens. I am reliably informed that the salt water will bead off and no salt will dry on the lens.

(source for point 3 – www.barzoptics.com the rest I made up)

Publisher

The Doghouses is published by Telecommunications for the Bush Inc a not for charity group run by the Three Amigos and incorporated in California USA

The aims of this body are threefold

- Bring Telecommunications in the bush up to the standards in the City e.g. South City Beach where we aren't on cable and therefore need a satellite dish and you have to wait three months to get a BSB number to pay for the ADSL line to communicate in the modern way if you can ever get near it because the kids are "studying"
- To hear Politicians make inane comments about matters they know nothing about especially good old PC who has locked up the \$2 billion or is that 3 billion for three years
- To bring new folk heroes into the spot light so they will never be forgotten. Who is that guy from the family first party and doesn't that that guy in Queensland look a lot younger now he's stopped playing that old detective.

Editor: Barnaby Jones

Further Publisher note:

The Editor is happy to double up on the next Ashes series with any Pounder Poms following the previous Editor sign-off reprinted below.

The Doghouse is published by the New Zealand Cricket Association (inc in the Cook Islands) in an effort to avert interest from their performances in the recent one-day and test series. The next issue may well be published by the Poms when the same thing happens to them. Mind you there are some great paddles in NZ (and probably the Cook islands as well) Look up Huka Falls on the web because that where Steven Fleming and the boys are currently heading to drown their sorrows.