



2010 Masters State Championships 2010 R&R and Belt Race State Championships

**City of Perth, Sunday 14th February 2010
PROGRAM OF EVENTS**

| TIME | WATER 1 | WATER 2 | BEACH | SURF BOATS |
|---------|---|---|----------------------------------|---------------------|
| 8.00am | 2010 WA R&R and Belt Race State Championships | 2010 WA R&R and Belt Race State Championships | 40+ Mens & Womens 2km Beach Run | 260+ Surf Boat Race |
| | | | 30-39 Men & Womens 2km Beach Run | 240+ Surf Boat Race |
| | | | | 220+ Surf Boat Race |
| | | | 65+ Beach Sprint Men | 200+ Surf Boat Race |
| | | | 60-64 Beach Sprint Men & Women | 180+ Surf Boat Race |
| | | | 55-59 Beach Sprint Men & Women | 160+ Surf Boat Race |
| | | | 50-54 Beach Sprint Men & Women | 140+ Surf Boat Race |
| 10.30am | 50+ Mixed Double Ski | 40+ Womens Board Rescue | 45-49 Beach Sprint Men & Women | 120+ Surf Boat Race |
| | 40-49 Mixed Double Ski | 35-39 Womens Board Rescue | 40-44 Beach Sprint Men & Women | |
| | 30-39 Mixed Double Ski | 30-34 Womens Board Rescue | 35-39 Beach Sprint Men & Women | |
| | 50+ Womens Double Ski | 130+ Womens Ski Relay | 30-34 Beach Sprint Men & Women | |
| | 40-49 Womens Double Ski | 110+ Womens Ski Relay | 230+ Beach Relay Men & Women | |
| | 30-39 Womens Double Ski | 170+ Mens Ski Relay | 200+ Beach Relay Men & Women | |
| | 65+ Mens Double Ski | 150+ Mens Ski Relay | 170+ Beach Relay Men & Women | |
| | 60-64 Mens Double Ski | 130+ Womens Taplin Relay | 140+ Beach Relay Men & Women | |
| | 55-59 Mens Double Ski | 110+ Womens Taplin Relay | 60+ Beach Flags Men & Women | |
| | 50-54 Mens Double Ski | 170+ Mens Taplin Relay | 55-59 Beach Flags Men & Women | |
| | 45-49 Mens Double Ski | 150+ Mens Taplin Relay | 65+ Beach Flags Men & Women | |
| | 40-44 Mens Double Ski | 130+ Womens Board Relay | 60-64 Beach Flags Men & Women | |

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| | 35-39 Mens Double Ski | 110+ Womens Board Relay | 55-59 Beach Flags Men & Women | |
| | 30-34 Mens Double Ski | 170+ Mens Board Relay | 50-54 Beach Flags Men & Women | |
| | 65+ Mens Board Rescue | 150+ Mens Board Relay | 45-49 Beach Flags Men & Women | |
| | 60-64 Mens Board Rescue | 55+ Ironwoman | 40-44 Beach Flags Men & Women | |
| | 55-59 Mens Board Rescue | 50-54 Ironwoman | 35-39 Beach Flags Men & Women | |
| | 50-54 Mens Board Rescue | 45-49 Ironwoman | 30-34 Beach Flags Men & Women | |
| | 45-49 Mens Board Rescue | 40-44 Ironwoman | | |
| | 40-44 Mens Board Rescue | 35-39 Ironwoman | | |
| | 35-39 Mens Board Rescue | 30-34 Ironwoman | | |
| | 30-34 Mens Board Rescue | 60+ Ironman | | |
| | 130+ Mens Ski Relay | 55-59 Ironman | | |
| | 110+ Mens Ski Relay | 50-54 Ironman | | |
| | 130+ Mens Taplin Relay | 130 + Womens Surf Teams | | |
| | 110+ Mens Taplin Relay | 110 + Womens Surf Teams | | |
| | 130+ Mens Board Relay | 170 + Mens Surf Teams | | |
| | 110+ Mens Board Relay | 150 + Mens Surf Teams | | |
| | 60+ Ironman | 50+ Womens Surf Ski | | |
| | 55-59 Ironman | 45-49 Womens Surf Ski | | |
| | 50-54 Ironman | 40-44 Womens Surf Ski | | |
| | 45-49 Ironman | 35-39 Womens Surf Ski | | |
| | 40-44 Ironman | 30-34 Womens Surf Ski | | |
| | 35-39 Ironman | 60+ Mens Surf Ski | | |
| | 30-34 Ironman | 55-59 Mens Surf Ski | | |
| | 170 + Mens Surf Teams | 50-54 Mens Surf Ski | | |

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| | 150 + Mens Surf Teams | 55+ Womens Surf Race | | |
| | 130 + Mens Surf Teams | 50-54 Womens Surf Race | | |
| | 110 + Mens Surf Teams | 45-49 Womens Surf Race | | |
| | 65+ Mens Surf Ski | 40-44 Womens Surf Race | | |
| | 60-64 Mens Surf Ski | 35-39 Womens Surf Race | | |
| | 55-59 Mens Surf Ski | 30-34 Womens Surf Race | | |
| | 50-54 Mens Surf Ski | 65+ Mens Surf Race | | |
| | 45-49 Mens Surf Ski | 60-64 Mens Surf Race | | |
| | 40-44 Mens Surf Ski | 55-59 Mens Surf Race | | |
| | 35-39 Mens Surf Ski | 50-54 Mens Surf Race | | |
| | 30-34 Mens Surf Ski | 55+ Womens Board Race | | |
| | 45-49 Mens Surf Race | 50-54 Womens Board Race | | |
| | 40-44 Mens Surf Race | 45-49 Womens Board Race | | |
| | 35-39 Mens Surf Race | 40-44 Womens Board Race | | |
| | 30-34 Mens Surf Race | 35-39 Womens Board Race | | |
| | 65+ Mens Board Race | 30-34 Womens Board Race | | |
| | 60-64 Mens Board Race | 60+ Mens Board Race | | |
| | 55-59 Mens Board Race | 55-59 Mens Board Race | | |
| | 50-54 Mens Board Race | 50-54 Mens Board Race | | |
| | 45-49 Mens Board Race | 55+ Womens Tube Race | | |
| | 40-44 Mens Board Race | 50-54 Womens Tube Race | | |
| | 35-39 Mens Board Race | 45-49 Womens Tube Race | | |
| | 30-34 Mens Board Race | 40-44 Womens Tube Race | | |
| | 60+ Mens Tube Race | 35-39 Womens Tube Race | | |

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| | 55-59 Mens Tube Race | 30-34 Womens Tube Race | | |
| | 50-54 Mens Tube Race | 60-64 Mens Tube Race | | |
| | 45-49 Mens Tube Race | 55-59 Mens Tube Race | | |
| | 40-44 Mens Tube Race | 50-54 Mens Tube Race | | |
| | 35-39 Mens Tube Race | | | |
| | 30-34 Mens Tube Race | | | |

Masters State Championships

- Age groups may be combined if numbers do not warrant running individual events.
- Competitors may only compete in their own age group and in only one age category in team events.
- A minimum of three (3) starters from 2 clubs are required to contest an event.
- Where less than three (3) starters are prepared to contest an event they may contest a lower age group in the same event without prejudice to their age categories in other events.
- Events will not be held up for competitors without equipment.
- Masters Fees - \$24 per person (inc. GST)
- Entries to be completed online at www.mybeach.com.au
- Entries Close Monday 8th February 2010. Late entries close Wednesday 10th February 2010.