



## Round 4 - Surf Premiership Series

### Sorrento Saturday 6<sup>th</sup> February, 2010

### PROGRAM OF EVENTS

TIME	WATER 1 (MEN)	WATER 2 (WOMEN)	WATER 3 (U15)	BEACH
11:00am	Prepare sprint track (measurements and surface), set cans/ buoys, R&R and Champion Lifesaver officials report, R&R teams ready			
11:15am	Marshal R&R first event (All ages)			
11:30am	Start R&R first event, Start Surf Boats first round (see Surf Boat program of events), marshal 2km beach run all categories			
11:45am	March past official's report, marshal march past, 2km beach run all categories			
12:10pm	March Past			
12:20pm	Layout beach sprint lanes	Open Men's Surf Belt (F) Open Woman's Surf Belt (F) U19 mixed Surf Belt (F) U17 mixed Surf Belt (F)	Champion Lifesaver – water events	
12:25pm	Open Mixed Double Ski (H) U19 Mixed Double Ski (F) Open Mixed Double (F)	Open Surf Teams (F) U17 Surf Teams (F)		
12:40pm	Open Surf Teams (F) U17 Surf Teams (F)	Open Ski Relay (F) U17 Ski Relay (mix) (F)		Marshalling for Open Men's/Women's Beach Sprint
	Open Ski Relay (F) U19 Ski Relay (mixed) (F)	Open Ironman (H) or (F)	Rescue Tube Male Rescue Tube Female	U17 Men's Beach Sprint U17 Women's Beach Sprint
	Open Ironman (H) or (F)	U/17 Ironman (H)		U19 Men's Beach Sprint U19 Women's Beach Sprint
	U/17 Ironman (H)	Open Board Rescue (H)	Board Rescue Male Board Rescue Female	U15 Men's Beach Sprint U15 Women's Beach Sprint
	Open Board Rescue (H)	U19 Board Rescue (H)		
	U19 Board Rescue (H)	U17 Board Rescue (F)		
	U17 Board Rescue (H)	Open Board Rescue (F)		Open Men's Beach Relays
	Open Board Rescue (F)	U19 Board Rescue (F)	Surf Race Male	Open Women's Beach Relays
	U19 Board Rescue (F)	U17 Board rescue (F)	Surf Race Female	U17 Men's Beach Relays
	U17 Board rescue (F)	Open Surf Race (F) U17 Surf Race (F)		U17 Women's Beach Relays
	Open Surf Race (F) U17 Surf Race (F)		Board Race Male	U19 Men's Beach Relays
	Open Ski (H) U17 Ski (H)	Open Ski (H) U17 Ski (H)	Board Race Female	U19 Women's Beach Relays
	Open Board (H) U17 Board (H)	Open Board (H) U17 Board (H)		U15 Men's Beach Relays U15 Women's Beach Relays
	Open Ski (F) U17 Ski (F)	Open Ski (F) U17 Ski (F)	Ironman	
	Open Board (F) U17 Board (F)	Open Board (F) U17 Board (F)	Ironwoman	Open Men's Flags Open Women's Flags
	Open Men's Double Ski (H) Open Women's Double Ski (H)			U17 Men's Flags U17 Women's Flags
	Open Men's Double Ski (F) Open Women's Double Ski (F)		Board Relay Male Board Relay Female	U19 Men's Flags U19 Women's Flags
				U15 Men's Flags U15 Women's Flags

- This program of events is to be used as a guide only and maybe subject to change by the Referee.
- Age groups may be combined if numbers do not warrant running individual events.
- Entry Fee: \$15.00 per competitor (inc GST)/ March Past Only = \$6.60 per competitor
- Host Club: Trigg Island SLSC, for more information phone: (08) 9447 3556
- Entries to be completed online at [www.mybeach.com.au](http://www.mybeach.com.au)
- Entries Close Wednesday 3<sup>rd</sup> February, 2010. Late entries will be accepted before the commencement of the carnival at a fee of \$15.00 per competitor